

Male Chastity A Guide For Keyholders

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Femdom for Nice Girls Lucy Fairbourne 2017-10-20 A female-friendly guide to the erotic domination of the male by the female in a way that will benefit both. Each chapter is followed by a self-guided journal section, where you are encouraged to explore and clarify your feelings and responses to the themes being explored, thus helping both lovers illuminate mutual desires, needs and boundaries.

Female Led Relationship Guide Conner Hayden 2020-01-28 The #1 thing men secretly desire of women, yet typically won't admit it. Do your relationship a favor and join the modern version of relationships where women are the ones who take charge. Keep up -- the times are changing!

A KeyHolder's Handbook Georgia Ivey Green 2013-10-28 A complete guide to male chastity. If you are new to male chastity or have been practicing it for years, this book will guide you to a happier sex life. Everything you ever wanted to know about how to sexually tease and torment your partner. How to talk "dirty" to him. What to say, when and how to say it, even if you are shy or embarrassed. Keeping him aroused when he is away. It's all here. Has your partner been pushing you to lock his manhood up in a chastity device? Are you afraid you won't live up to his expectations? Are you too shy, embarrassed, or uncomfortable talking "dirty" to him in bed (or any other time)? Being a KeyHolder should not be terrifying for any woman. Armed with the information in this handbook, you can become an expert at playing the chastity game. Once you know how to play, he won't stand a chance. This guide will make it easy for any woman to become a KeyHolder for her partner, or any other man, for that matter.

The Hitchhiker's Guide to Male Chastity J K Spenser 2020-05-31 Everything you need to know in one place about male chastity in the 21st century. Interest in male chastity has exploded in recent years with growing numbers of everyday men wishing to be placed in chastity devices and to hand over control of all aspects of their sex lives to an intimate partner-but it's difficult to find practical, useful information about male chastity. There are few comprehensive books on the topic. On the Internet most of the male chastity information available is chastity device marketing copy, porn, sex-workers offering sex services, and fantasy stories with little basis in reality. In this new and comprehensive guide to male chastity, you'll find practical information on how to approach male chastity in a way for both partners to get the most pleasure and intimacy from this popular style for intimate physical relationships. Written by an experienced chastity warrior who began his journey into the world of male chastity with ninety days locked in a chastity device, J. K. Spenser helps you explore the ins and outs of choosing the chastity device right for you, talking about male chastity with your partner, and what physical, mental, and emotional changes you may encounter along the way in your chastity journey. As well as giving you all you need to know about how to make your life in male chastity happy, safe as possible, and rewarding, A Hitchhiker's Guide to Male Chastity provides an up to date, 360-degree view of modern male chastity practices, issues faced both by men who wish to be placed in chastity device and their keyholding partners, along with a comprehensive discussion of the related sexual topics-such as female led relationships, accepting control of your man's sex life, how to make sure as a keyholder that your needs get met, and how putting your man in chastity can positively impact and enrich your relationship. Whether experienced or not, get the low down on how male chastity works. Find out how male chastity can spice up a relationship and improve the sex lives of both partners. Take precautions to stay healthy. Discover how to choose the chastity device right for you the first time. Common male chastity myths-and why they're wrong. A complete section devoted to answering the common questions spouses and partners have when they are asked to place their men in chastity and become chastity keyholders. Learn what a keyholder does and how to become a good one. Thanks to the practical experience and unabashed honesty J. K. Spenser offers, understanding male chastity doesn't have to be complicated-or a taboo topic. This book makes it easier than ever to get started on the mesmerizing road to chastity bliss while still keeping your head on straight so that you don't drive yourself or your partner to insanity!

RESTART INTIMACY a Unique Approach to Male Chastity Sierra Parker 2013-11-06 \\this is a fun book for adults wanting to learn and explore an unique approach to using male chastity to increase intimacy in a relationship. It provides advice, examples, exercises to try, and skills to learn. Women can tease, tantalize and tempt their man so you both get more intimacy and closeness out of the relationship whilst both having fun and enjoyment

The Sexually Dominant Woman Lady Green 2012-03-05 Lady Green has taught tens of thousands of women, men and couples the fundamentals of safe, erotic female-dominant play. This friendly, simple, unthreatening book is the perfect starting point for the woman who has fantasized about erotic power play. It even includes a script to inspire and support her through her first scene! "Lady Green has a good handle on what a beginner needs to know... and she encourages flexibility and openness as well - important aspects of the enjoyment of it all. Recommended for novices!" - Sandmutopia Guardian

The Adventurous Couple's Guide to Strap-On Sex Violet Blue 2007 Sex educator and best-selling writer Violet Blue guides readers through the pleasure playground of strap-on sex for heterosexual couples. Lots of hot women want to strap it on and their male partners are happy to oblige. With style and wit, Violet Blue explains pleasure anatomy in men with ample attention to

the prostate gland - the epicentre to male orgasm that's been called 'the male G-spot.' Full of crafty ideas on positions, toys, harnesses, role-play scenarios and reading a partner like a dirty book.

Biomedicine and Beatitude Nicanor Pier Giorgio Austriaco 2011-12-05 Besides ethical questions raised at the beginning and the end of life, Nicanor Austriaco, O.P., discusses the ethics of the clinical encounter, human procreation, organ donation and transplantation, and biomedical research.

Surrender, Submit, Serve Her. Key Barrett 2016-12-22 What is 'Female Leadership'? It's accepting that 'She knows best' in all matters. From the finances to the household to how best to accomplish long-term goals. It's trusting in Her judgement to run things and embracing 'Her way'. This doesn't make the man weak, just the opposite, because men are the best at 'getting things done' when the task is clearly defined but difficult to do. A Female Dominant Household plays to both side's strengths and minimizes weaknesses, leading to Female empowerment, greater satisfaction in the relationship, trust, bonding and yes, mind-blowing sex. Surrender, Submit, Serve Her seeks to help implement your Female Led household through tools like the Command and Conquer meeting (commanding and conquering tasks and roadblocks, not people), laying out the contract of servitude (clearly defining her dominion and removing unnecessary confusion) and crafting your own pledge that personalizes and empowers the act of his submission. Surrender, Submit, Serve Her has been nominated for the BDSM Writers Con 2017 Golden Flogger Awards for BEST BDSM Book of the Year in the Non-fiction category. Updated for 2018! Better formatting and new content.

Locked-In Love: How Two Weeks in Chastity Can End the Barter System, Renew Courtship and Make a Better Husband. Key Barrett 2018-09-24 Author Key Barrett started out writing a journal for chastity. He decided that he wanted to be locked up in chastity for seven days in order to better understand the motivation behind chastity and the emotional aspects so he could write about it with greater understanding in both his fiction and nonfiction. So he spoke with his wife and she agreed to let him go seven days in chastity with her holding the key, only unlocking him if he needed it for safety reasons, to make sure everything is working properly, or if she had sexual interest in freeing him. What started as a simple one week journal quickly blossomed into something else entirely. By the third day he was feeling butterflies just when his wife touched his hand. By day four, she noticed he was much more engaged in their household and being an active and proactive partner. What started as a week for him quickly became two weeks for them both to journal. Through chastity and communication, they identified a sexual trade-off that existed in their marriage, a 'barter system' wherein every action he engaged in had an undercurrent of sexual pressure, a literal tat-for-tit. Freed from it through a chastity device, they were able to enjoy each other on a more meaningful and trusting level. And in lowering the quantity of sex, they raised the quality. This book takes what they learned, plus surveys and research derived from male chastity users, and shows couples how they too can end the barter system, increase communication and bring back the courtship phase, butterflies and all. Learn what you can do to improve your marriage, increase intimacy, feel more connected emotionally, and make her daily life easier with a simple, sexy, fun exercise in chastity.

A Keyholder's Handbook Georgia Ivey Green 2013-10 A complete guide to male chastity. If you are new to male chastity or have been practicing it for years, this book will guide you to a happier sex life. Everything you ever wanted to know about how to sexually tease and torment your partner. How to talk "dirty" to him. What to say, when and how to say it, even if you are shy or embarrassed. Keeping him aroused when he is away. It's all here. Has your partner been pushing you to lock his manhood up in a chastity device? Are you afraid you won't live up to his expectations? Are you too shy, embarrassed, or uncomfortable talking "dirty" to him in bed (or any other time)? Being a KeyHolder should not be terrifying for any woman. Armed with the information in this handbook, you can become an expert at playing the chastity game. Once you know how to play, he won't stand a chance. This guide will make it easy for any woman to become a KeyHolder for her partner, or any other man, for that matter.

The FemDom Experience Elise Sutton 2007-01 An experience is the process of personally participating in an activity, event or lifestyle. Fantasy does not always translate over to reality because reality must contend with the bodily limitations of the physical world, whereas fantasy enjoys the unlimited boundaries of the imagination. Nevertheless, fantasy is often the product of reality. For one person's fantasy is another person's reality. ; ; Notable FemDom author Elise Sutton examines the Female Domination lifestyle by taking the reader into the personal relationships and sexual practices of everyday people who live astonishing secret lives. ; ; Elise adds her insight and commentary as she examines what constitutes a successful FemDom relationship.

A Girl's Guide to Femdom Lucy Fairbourne 2017-01-27 This book is a rich resource of ideas for the woman who has embarked upon a femdom journey with her man and is hungry for new kinky territory to conquer. The material is arranged across twelve monthly sections, with 52 varied entries offering a different idea or scenario for each week of the year.

The Ultimate Woman's Guide to Male Chastity Mistress Dede 2015-11-23 If you are reading this book, you are most probably a woman interested in broaching the matter of male chastity. You see, this book is all about male chastity, in other words - self control. The question is, how exactly, can this male chastity thing help you and your partner's sex life? You are probably confused and you don't have to worry, for you are not alone in this. This book will help you understand the idea of male chastity and learn about the sexual fantasies that might seem dirty and unappealing to you now, but could possibly save your sex life. You will learn what the male chastity subject is all about; the erotic fantasy of submitting to wearing a chastity device and the value of your man in a sexual prison in your relationship. At first, the idea of locking your partner's male organ in a device seem strange to you. But overtime, you will find that your partner sees this thing in an altogether new perspective, something that is attractive and quite exciting for him. To some, forceful prevention of erection and orgasm may definitely seem odd, but there are men who find it very arousing. Getting started is sometimes difficult and the Internet provides you with lots of information that is mostly filled with fantasy over fact. This is because most of those writings are written by men as an outlet to let out their kinky fantasies. It is nothing more than erotic web fantasies that are much too complicated and bizarre for many women's tastes. You are likely to get turned off by these, thinking that the whole male chastity thing is not for you. However, in this book we assure you that the subject of male chastity is explained and directed to helping you understand the entire concept in full light. It is all about using the male chastity game to rekindle the fire in your sex life for enjoying a much better relationship with your partner.

The Cruel Keyholder Misty Meadows After being caught cheating, Jack realises he is prepared to do anything to stop his wife leaving him, even if it means being locked in chastity. However, he soon wonders if he made the right decision when he discovers that she actually gets off on making him squirm and suffer. After all, does she really need to free him when she has so

many toys that give her pleasure?

Culture Matters Lawrence E. Harrison 2000 Prominent scholars and journalists ponder the question of why, at the beginning of the twenty-first century, the world is more divided than ever between the rich and the poor, between those living in freedom and those under oppression.

Tips & Tricks for Keyholders Georgia Ivey Green 2014-06-01 Georgia Ivey Green has created one of the best, most insightful books of its kind. 'Tips & Tricks For Keyholders' makes being a "woman in charge" so easy, you will wonder why you never put your man in chastity before. It is the perfect companion to 'A KeyHolder's Handbook.' This book will not only help you understand your partner, but will teach you how to make the most of a good thing. You will learn how to use his own fantasies, to talk to him, to get him to do just about anything you want him to, simply by applying the principles in this book. Her previous book 'A KeyHolder's Handbook' gave you all the basics you need to know about keeping him happy and horny. This book is an extension of that. In it you will find more tips about getting to know his fantasies and how to use them. How to get into his head. How to get him to do more for you. And you will learn many of the things your man will never tell you, that you really need to know, and how to find out what those things are.

Ladies Introduction to Male Chastity Jules Scot 2017-06-22 An introduction to male chastity by a lady for ladies. No fantasies, just the reality. An easy way to gain a basic understanding of your partner's kink.

The Dominant Wife Rule Book Mistress Jessica 2013-08-13 How you implement the rules or not, is entirely up to you, these are just guidelines, things that we have found have been fun and work well in our relationship, feel free to alter or change a rule to fit your own situations. We have even included a number of pages for you to add your own specific rules that you may have that is not included in our own rules. What you have in the end is pretty much an owner's manual for your submissive husband, what better fun can there be for a submissive husband to know that in his house is a book of rules that he must follow else he may be punished by his Dominant wife. I personally like to leave the book lying around the house just so my submissive husband can see it and know that it is there.

The House of Enchanted Feminization Thomas Newgen 2019-08-26 A house that turns boys into girls? A college student is looking for a house to rent and comes across an unbelievable deal. According to the gorgeous girl vacating it, the place is enchanted and has a closet with women's clothing and accoutrements that can never be emptied. She also claims it turned her from a boy into a very special girl while she lived there. Convinced the renter is a bubble off, and there is no such thing as an enchanted house, plus the fact the deal is irresistible and the house and yard so perfect, Chris decides to rent the place and invites his roommate and best friend Bill to join him. Will the house turn out to be what the last renter said, or is it all a farce? Will Chris grow into a fully feminized special girl, or will he and Bill continue to live as two regular guys enjoying renting a knock-out house together? Immerse yourself in Chris's tale of growth, change, and finding love in this new-adult, LGBT, transgender, crossdressing, feminization, first-time, short-read romance.

Male Chastity Mistress Benay 2014-11-12 If you are a woman who is tired of being neglected or left unfulfilled by your partner in your marriage or relationship, then you need to read this book. Would you like your partner to be more attentive to your needs? Would you like your partner to always have your sexual satisfaction as his primary focus? Would you like your partner to be more caring and helpful around the house? If you answered yes to any of these questions, then this book by Mistress Benay will give you the help and direction that you need to take control of your relationship, and condition your partner to make you the paramount concern in his life at all times. For over thirteen years, Mistress Benay has used Male Chastity as the primary means to take control of her marriage, and of her relationships with men. Now, in this book, she shares with you all of the information and easy to follow techniques which you need to know, so that you also can reap the benefits of building a true Female Led Relationship. Mistress Benay explains in great detail how the male's physical needs control his mind, and how unfortunately most of the time, his focus is on his needs, and not yours. By following the advice in her book, however, you can change your partner's actions by the simple act of taking control of his orgasms. When you do, your home life, your emotional and physical needs, and most importantly, your sexual contentment will all improve for the better. Your needs, not his, will become the most important things in your marriage or relationship when you follow the road map laid out in this book by Mistress Benay. This book is filled with proven techniques which will help you take control of your marriage or relationship, actual accounts about couples who have been helped by Mistress Benay, as well as in-depth reviews of the most popular male chastity devices which are available on the market today.

Anal Pleasure and Health Jack Morin 2010-05-01 For many years the focus of fear and disgust, the anus is actually one of the human body's most wondrous creations-elegant, efficient, and richly supplied with pleasure nerves. However, stress and ignorance can turn the anus and its functions from a source of delight into a painful disability. What's needed is an owner's manual-and here it is! Join therapist and sexologist Jack Morin, Ph.D., on this tour of the anus, complete with information and exercises to open the door to new sources of comfort and gratification. You'll unlearn habits that can cause everything from hemorrhoids to chronic pelvic pain- and, if you choose, learn new ways of achieving solo and partnered pleasures through this humblest of portals.

Male Chastity Keyholder Guide Mistress Dede 2015-01-08 There is a lot of variety in the world of fetish and kink, with limitless possibilities for creativity in sensual play. Many people unfamiliar with this lifestyle immediately focus on the more obvious or superficial aspects, like honorific nicknames or corsets and leather boots. But for people who participate in fetishes as a lifestyle, the practices and games are an essential part of their relationship, with its own set of rules and standards. One particularly interesting subculture within the world of kink is that of the female keyholder and her chastised male subordinate. The phrase "male chastity" probably immediately spooks some men, or excites others (whether they are willing to admit it or not). Either attitude is amusing to the sophisticated woman with a predilection for domination and control. For submissive men, there are many benefits to a male chastity arrangement. The calculating domme will use all of her feminine charms to her advantage, establishing a system of rules meant to keep her man under lock and key. Literally. The popularity of male chastity devices has soared in recent years, and although this be taboo, it's something many people talk about behind closed doors. Conveniently hidden under clothes, male chastity devices provide necessary restriction for the man and allowing his dominant complete control over his orgasms. These devices are a valuable tool for the modern dominant woman, and excellent for contemporary "tease and denial" games. Exploring male chastity can be a fun new game for adventurous couples, or a complete long-term

lifestyle for kinky pairs. Whatever the relationship type, employing a male chastity device sends a clear message: he's on lockdown, and she holds the key.

Chastity Marisa Rudder 2020-11-20 CHASTITY | The Guide to Male Chastity is the latest book in Marisa Rudder's Female Led Relationship Series. This amazing Chastity book will change your life. Imagine your man treating you like a Queen and getting more pleasure out of pleasuring you than receiving pleasure himself. Imagine your man doing whatever you tell him without complaining. Imagine your man gladly doing the housework, laundry, grocery shopping, cooking, dishes and more? With the techniques and training guidelines in my book, you can have such a man. In fact, you may already be living with a man who has the potential to become this perfect man. A modern Love and Obey Female Led Relationship or marriage includes male chastity and orgasm control. The wife decides when her husband is allowed to orgasm. The wife is in charge and the husband submits to her loving female authority. Her man is completely obedient. Women will learn how to use their feminine power to control their man's sexuality. Women will learn how to tame and train a man. Men will learn the value of submitting to loving female authority. Men will become more loving, devoted and romantic. Women will take charge of the relationship or marriage and their men will become obedient. The woman's authority and sexuality are worshiped by their man. At Love and Obey, we believe that whoever controls the pussy makes the rules. Pussy denial is used to guide your husband's behavior and this makes your Female Led Relationship more permanent. Men will worship us as goddesses and serve us as queens and obey us as their mistresses. Your Love and Obey Female Led Lifestyle, including Male Chastity, is the future of relationships and marriages. This book is essential reading for women interested in a loving female led relationship and men interested in loving, obeying and serving a superior female.

The Control Book Peter Masters 2009-07 The Control Book is about the fine art of taking control of your partner. It's about the processes involved, about taking control, using control, about ensuring that you have control, and-importantly-about giving control back once you are done with it. The book discusses how this works-the psychology of it-and looks at what can go right, and at what can go wrong and how to fix it. It considers the role of authority in the equation, and looks at how to manage the control you have over someone so that it is both effective and rewarding for you both. I believe that a very large part of the activities which we include under the umbrella of BDSM rely explicitly or implicitly on control being asserted over one person by another. My goal in this book is to talk about control, explain what it is, demonstrate it, show how to take it, how to give it, how to manage it, and more. I want you, the reader, to be aware of the ebb and flow of control around you and through you.

A Woman's Guide to a Female Led Relationship Victoria West 2017-01-05 I am writing this book for the woman who is interested in being in a Female Led Relationship. It is for the women who is at her wits end and is tired of the same old thing with the same men. She is tired of being an object in her relationship. She is tired of not getting satisfied in bed. She is tired of "sleeping on the wet spot" while her lover rolls over and falls asleep. She is tired of being overlooked and taken for granted. This is not a book of erotic titillating stories. While in later chapters I will give you a variety of ideas to take "erotic control" of your partner, my primary purpose is to give you a realistic illustration as to what to expect and think about when you are in a relationship like this. We have all dated that guy who wanted sex all the time and was really kinky in the bedroom. The kind of guy that wants to do it in the back yard while you're wearing a red satin teddy or a guy who wants to watch while you are pleasuring yourself with your magic vibrating egg. But a Female Led Relationship is more than just kinky sex. It's actually a very small part of it. It is first and foremost a relationship between two consenting adults. It isn't just one or two steamy and kinky moments of passion. It's a way of living. It's a lifestyle with the woman at the helm.

Male Chastity Lucy Fairbourne 2007-07 A non-threatening, female-friendly introduction to the topic of male chastity, ideal for nervous keyholders or as a love-offering from a would-be-chastened male.

Scents of Submission LUCY. FAIRBOURNE 2019-02-05 When corporate-climbing Miranda and her submissive boyfriend Alex arrive at the mansion of Miranda's kinky female boss, Alex expects to have the time of his life ... and his fantasies of helpless enslavement do indeed come true. But another fantasy is exposed as a lie. For Miranda it's business as usual, but Alex has only one direction to go: dow

At Her Feet TammyJo Eckhart 2011-03-28 Look beyond the fantasies of whip-cracking dominatrixes and cowering slaveboys, and you'll find real women and men in caring, consensual female-dominant relationships. Yet, given that social norms grant the majority of power to men, how do these relationships work? TammyJo and Fox have been building their female-dominant relationship for many years, and have gathered their most important discoveries and theories into this important manual. You'll learn: - how to take your roles beyond the bedroom - the role of rituals, contracts and protocols in day-to-day femdom life - how to achieve training and growth that complement the nature of the relationship - how each individual can get his or her needs met within the context of a consensual disparity in power - how to integrate fetish desires into the relationship - how to cope with the realities of life (illness, work, family) without losing touch with the relationship ... and much more.

Got Milked? How to Do a Prostate Massage (Milking) for Sexual Fulfillment Jani 2009-11 "Got Milked? The Technique for taking Him to out-of-this-world pleasure."If you want to discover the secrets to continuous, non-ejaculatory, full-body orgasms previously unattainable through ho-hum conventional sex techniques, then read on...Male G-spot? Does Such An Area Exist?... Blunt answer - "YES." All men have a Male G-Spot, AKA the prostate, or more specifically the prostate and the perineum area.Have you ever wondered what "Penis Milking" is?You're about to discover a method of penis milking that blows his socks off.Years ago, before I discovered and refined my method for male G-spot stimulation, while making love I fantasized about my raunchy, horny desires ... But before fulfilling that hunger, usually - I came, and that was the end of that. I lost my enthusiasm. This may surprise you, but non-ejaculatory orgasms mean that your man can cum, but NOT ejaculate, so that HIS desire and lust remains alive after experiencing an orgasm.In other words, he won't roll over and go to sleep --- That alone makes "Got Milked?" worth it's weight in gold.

Male Chastity and Crossdressing as Tools for the Cuckolding Hot Wife - A Guide Barbara Deloto 2016-01-20 He wants to give you a gift. A very special and unselfish gift. He wants to have you brought to levels of sexual ecstasy you haven't had lately... or ever. He wants to share you with other men. Are you willing to accept his unselfish offer and in return give him the unselfish gift of helping him give you this? Can you imagine building a stable of men to use for your pleasure while he watches and serves you and your new partners? A gift that turns you into a hot wife (or hot girlfriend), the goddess he serves? How can putting him in male chastity and being his keyholder, crossdressing and feminizing him, make him more able to deliver his gift and take away

his reluctance? How does male chastity work, and what can be the results? What happens when a man is feminized, and what benefits can you get from it? Would you like to have him serving you obediently, taking care of the house and pampering you, readying things for your love-making with your stable of handsome and virile men as you cuckold him? See how male chastity and feminizing your man can lead to the best sex you ever had, with your husband or boyfriend doing everything in his power to turn you into his goddess and hot wife. Enter the risky and exciting world of an entirely new type of relationship with your feminized male in chastity, who bathes you, gives you pedicures and manicures, prepares your clothing and helps you get dressed for your sexual encounters with your new boyfriends. A relationship where you are completely in control and she's loving it. Your feminized male in chastity will love the way you're cuckolding him with your hot, virile men who bring you to one pounding rapture after another while she's helping to hold you in place for them, helping them to enter you, aiding in your stimulation, getting them ready for you, cleaning up after and making you all breakfast. Spice up your bedroom. Even if you do nothing in this book, the two of you reading it together can lead to some exciting bedroom fantasies to tap into as you openly discuss the material. Whether you just become a keyholder, or take it further and feminize him, or take it all the way and let him give you the gift of other men is up to the two of you. This book can only make some points for you to discuss, consider, and even try. A quick read at approximately 10,000 words. Download your copy now.

How to Set Up an FLR Georgia Ivey Green 2013-06-06 'How To Set Up An FLR' is a straight forward, no nonsense book that tells it like it is. Georgia Ivey Green (also known as Mistress Ivey) tells her readers the truth about Female Led Relationships instead of feeding their fantasies like so many others have done in the past. She talks about real life and how to implement a female led relationship that fits you in real life, not in some fantasy you may have picked up from the Internet. Couples gain the knowledge to avoid common pitfalls and ease into an FLR where both parties can feel comfortable. She takes the fantasy out and puts the reality in. 'How To Set Up An FLR' was originally a highly successful ebook for your favorite e-reader. Now it is available in paperback so you can hold it in your hand, write comments and notes in the margins, or quickly access any page for the information you need. There are many sections that you will want to refer back to for years to come. This book is invaluable to those wishing to establish a successful female led relationship. It will guide couples just starting out as well those who may have tried to set up an FLR before and failed. It covers such things as approaching your partner, creating an agreement, limits, and, yes, even cuckolding. If you have ever thought about converting your relationship to an FLR, then you really ought to read this book first. It could save your relationship.

You On Top Kate White 2007-06-12 In her eight years as editor-in-chief of the women's bible, Cosmopolitan, Kate White has learned a lot about what women want. From landing a great job to enjoying great sex, White presents 86 enticing lessons on having it all--complete with anecdotes and tips from her own life and the celebrities and experts she's met. Whether it's when to act like a bitch and when not to, or how to get a man to really open up or discovering the moan zone on a man's body that most women ignore, White tells women everything they ever needed to know to take on the world.

Love & Obey MS Marisa Rudder 2018-03-22 Put the fire back in your relationship! This brand new book is destined to be the most revolutionary, breakthrough, and fastest growing relationship guide of the next 20 years! This phenomenal book is bound to be an International Bestseller! Love & Obey, is now available for the first time ever in trade paperback. In this revolutionary new guide to understanding a Female Led Relationship and how it will fulfill the woman and the man's needs, desires, and behaviors. You will be living together as a happy couple. Men report 97% of the time that they are getting more satisfaction, sexual and otherwise, than ever before since experiencing loving female authority. Known as the "Caribbean Queen," Marisa Rudder provides a practical and proven way for men and women to improve their communication by acknowledging their differences and discovering the importance of this loving female authority in a relationship. This type of relationship allows your Alpha Male to be himself while completely 100% devoted, worshipping and obedient to you as his Queen, which allows you both to enjoy a spiritual and sexually blissful relationship. No other Female Led Relationship guide on the market will give you the same level of evidence-based insight sure to help you strengthen, nurture, and live the relationship you've always wanted!

Female Domination Elise Sutton 2003-11-01

Dom's Guide to BDSM Training Mistress Dede 2015-11-21 Dom's Guide to BDSM is your secret handbook for methods of dom/sub activity, containing various strategies and must-know guidelines on how to get the most out of your BDSM experience. This eBook serves as a friendly guide for the dom/master, including all of the imperative steps on how they can indulge in a dom/sub relationship, including some important terms and strategies about the basics of BDSM. This also includes a step-by-step blueprint and exciting know-how on how to train your sub and how to play with them. BDSM, also known as Bondage and Discipline, Domination and Submission/Sadomasochism has been a common practice of people who seek intense sexual pleasure for centuries. BDSM comes naturally to most individuals, since many generally crave to be dominant while others love the pain-pleasure experience of being submissive. For many, BDSM is highly erotic compared to normal sex as it brings about different excitement and fun for both dom/sub. It is designed to provide intense pleasure with some element of pain typically involved in the act or acts. It is more of a 'power game' rather than passionate sex. In the game of BDSM, dom/sub relationship it takes time and dedication to learn how to play your role. It should be properly crafted and carefully planned to create a lasting union as you enjoy the sexual activities together. So in order for you and your sub to get the most out of your BDSM experience, this book was specifically written to give you the ideas and the proper strategies on how you can train your new sub from practicing BDSM, on up to the closing ceremony.

Chastity Control and Correction for Men Mistress Jade 2018-01-29 This fascinating, detailed study of the techniques and effects of male chastity is a really comprehensive study of this very popular disciplined regime which can be used for pleasure or punishment, or both. Keeping the male deprived of satisfaction, often for long periods, can give the woman GREAT satisfaction! When orgasm for the man is delayed - or completely denied - the focus is shifted from HAVING an orgasm (often involving anxiety) to NOT having an orgasm (involving humility, patience, and loving attention to the dominant female). This exciting new book looks at topics like choosing and fitting his device (metal or transparent plastic), asking permission to be released and then being made to wait longer, using edging techniques, causing the male embarrassment in front of others, having to sit down to urinate, learning not to question the Mistress' decisions, and accepting hard corporal punishment when needed as part of the overall lifestyle of abstinence, denial and discipline. (See chapters list for much more.) Jade Greenaway (Mistress Jade) and Mark Maguire have both written numerous books on adult discipline and punishment as part of consensual, loving relationships -

all still currently available - and here they collaborate on this comprehensive look at this rapidly "trending" topic. Mistress Jade says "Life nowadays is very stressful. You can achieve peace of mind by giving away control over your genitals and ejaculations. Yes, the chastised male will certainly experience the most overwhelming frustration when prevented from having an orgasm for very long periods, but he can learn to please his woman rather than himself." Mark Maguire agrees. "The Mistress makes all decisions on behalf of the man, so the sub male is freed from all responsibility in that respect. However, there are severe consequences for any kind of disobedience as far as Jade and I are concerned. She uses a hard backed wooden hairbrush to spank me when necessary, and when I've deserved a bit more discipline, she has her favourite whippy, rattan cane which is always to hand. Wow does that cane of hers STING!" Read right now about the intense bond of intimacy and respect that can grow out of an adult consensual chastity and discipline lifestyle in "Chastity, Control and Correction for Men" by Mark Maguire (with Mistress Jade).

Sissy Assignments Mistress Dede 2015-01-23 This is a compilation of over 150 sissy training exercises that will benefit the Mistress/ Master as well as the self-trained sissy boi. These sissy training exercises should be used as a handy training tool to polish sissy slave skills into absolute perfection. Following these tasks on a day to day basis will turn your sissy boi into the proper sissy slave that is desirable to both parties. These sissy training tasks are designed to slowly take away a sissy's manhood and transform them into a much more feminine creature. This collection includes Sissy Humiliation Assignments, Public Humiliation Assignments, Sissy Maid Assignments, Sissy Holiday Assignments, Sissy Chastity Assignments and more! Take advantage of this great opportunity and take your sissy training to the next level!

The Dominant Wife Rule Book - Chastity Device Edition Mistress Jessica 2014-08-18 What you will find that follows this introduction is a set of rules and information that you can adhere to in your Dominant / submissive relationship or not. It can be quite a lot of fun, just sitting down and reading a rule and each time a new rule is added the submissive life can change dramatically because of it. How you implement the rules or not, is entirely up to you, these are just guidelines, things that we have found have been fun and work well in our relationship, feel free to alter or change a rule to fit your own situations. I personally like to leave the book lying around the house just so my submissive husband can see it and know that it is there.

The Ultimate Guide To Tease & Denial Georgia Ivey Green 2017-12-01 The Ultimate Guide To Tease & Denial is more than just about what to do when you want to tease your guy sexually. It's about taking control of your sex-life and getting what you want from it. There is a step-by-step guide that will walk you through your first month of teasing so that you can get used to doing those things you need to do to make things better. A must read for chastity enthusiasts. Tease and denial has never been so simple. Whether you want to utilize chastity in your relationship or not, makes no difference in a modern, healthy relationship. Reading this book will give you insights into your partner's motivations like nothing before. You can take control of what you want and leave the rest to him. "The Ultimate Guide to Tease & Denial is a refreshing outlook on the sexual aspect of female domination that many women find cumbersome. I remember the days when I thought being a tease was a bad thing but Mistress Ivey has completely changed my perspective with her book. She empowers women by teaching not only how to use our inherent sexual charm to mold men's behavior but why it is important to release that inner naughty girl that many of us were taught to hide. This book has opened so many new channels of thought for me as it clearly points out how vital it is to express my love for my partner by using my feminine charms to seduce him every day and in many exciting ways while keeping him hung up and thirsty for more." Te-Erika "Queenie" Patterson (Publisher) ConquerHim.Com - Celebrating The Beauty of Female Led Relationships